



## PROFESSIONAL TEETH WHITENING



With professional teeth whitening from Smiles by Mia you can have a brighter, more dazzling smile in just one appointment! Having a beautiful smile may be even easier than you think. If your teeth are not as white as you would like them to be, professional teeth whitening can restore your bright beautiful smile. At Smiles by Mia, we customize your tooth whitening treatment to fit your specific needs using the Kor Whitening System.

Unlike other whitening methods the KÖR System is able to fully rejuvenate and restore teeth to their youthful ability to absorb bleaching factors. This is achieved by allowing pigments and stain molecules to be fully flooded by bleaching factors, thus thoroughly breaking down large stain molecules to ultra-small colorless and white particles. The resultant conditioning and permeability of the teeth to bleaching factors facilitates easy, effective periodic at-home maintenance by patients, keeping the level of whiteness absolutely permanent, while still allowing patients to consume coffee, tea, red wine, etc.com

### KEY BENEFITS OF TEETH WHITENING

Generally, whitening is successful in at least 90 percent of patients, though it may not be an option for everyone. Consider tooth whitening if your teeth are darkened from age, coffee, tea or smoking. Teeth that appear yellow, brown, or orange respond better to lightening. Other types of gray stains, caused by fluorosis, smoking, or tetracycline, are lightened, but results are not as dramatic and take longer to achieve.

### AT HOME WHITENING:

There are two ways to whitening your teeth. The first is take home whitening. With this technique an impression is taken to make a specialized "mouth guard" or "tray". The whitening trays are custom made for your mouth and are lightweight so that they can be worn comfortably while you are sleeping. For a two-week period, you place small amounts of the KÖR whitening inside the trays and wear them to sleep.

### IN-OFFICE WHITENING:

With the in-office whitening system, you can achieve a whiter smile faster than the take home whitening alone. With this treatment, you will also receive customized trays and gels. You will start with whitening at home for two weeks then after two weeks you will come to our office for a two hour in-office whitening session. During this visit, a stronger and more concentrated gel is placed on your teeth. After this visit your smile will be whiter than ever! Combining both methods has proven to give the best results.

### CONSIDERATIONS

Over-the-counter whitening agents are available at drug stores and pharmacies but are not monitored by the dentist. Since these products can harm the gums and teeth and have lower success rates, it's better to use products that our office recommends. In order to meet and exceed whitening expectations, do it with supervision by Smiles by Mia.

If you would like to learn more about whitening or if you are ready to get that whiter and brighter smile you want, please call Smiles by Mia at (703) 323-1300 to get a free consultation today!



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